



# FDLRS Parent Information Sessions

Empowering Families  
Enriching Communication  
Navigating Education



(813) 837-7732 (English)

(813) 837-7728 (Spanish)

[fdlrsparentservices@sdhc.k12.fl.us](mailto:fdlrsparentservices@sdhc.k12.fl.us)

<http://fdlrs.mysdhc.org>



## Anxiety in Kids

### A Parent's Guide to Understanding and Helping

This talk will raise awareness of the signs and symptoms of anxiety in children and adolescents, discuss the internal and external stressors impacting anxiety, and provide treatment options, both clinical and non-clinical.

**January 23, 2019 | 6:00pm - 8:00pm**

Sam Horton Instructional Service Center (ISC), 2920 N. 40th Street, Tampa 33605

Register Online: <http://bit.ly/012319>

- or -

**February 21, 2019 | 10:30am - 12:30pm**

WellCare Health Plans, Inc., 200 W. Waters Ave, Tampa 33604 - (event room)

Register Online: <http://bit.ly/022119>

Registration and resource tables open 30 minutes prior to program



Department of Exceptional Student Education

#### Questions:

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